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(57) Abstract :
The system and technique for monitoring and controlling chronic illnesses through the use of machine learning and Internet of Things (IoT) technologies are the subject of the current invention. Patients with chronic conditions can provide health data to the system via mobile apps and wearable sensors. The information is sent to a cloud-based platform, where machine learning techniques are used to store and process the data. The system allows medical practitioners to monitor and connect with patients remotely, displays health data, and offers individualized recommendations for managing diseases. The idea seeks to lower healthcare expenses related to managing chronic diseases, decrease hospitalizations, and enhance patient outcomes. The system and approach for monitoring and controlling chronic illnesses through the use of machine learning and Internet of Things (IoT) technologies are the subject of this patent application. Patients with chronic conditions can provide health data to the system via mobile apps and wearable sensors. The information is sent to a cloud-based platform, where machine learning techniques are used to store and process the data. The system allows medical practitioners to monitor and connect with patients remotely, displays health data, and offers individualized recommendations for managing diseases. The idea seeks to lower healthcare expenses related to managing chronic diseases, decrease hospitalizations, and enhance patient outcomes. The current invention's system and method track and manage chronic diseases in real-time by leveraging IoT and machine learning technology. Patients' vital signs, activity levels, and other pertinent health indicators are among the health data that are gathered via wearable sensors and smartphone apps. This information is sent to a cloud-based platform, which analyzes it with machine learning algorithms and generates individualised illness management suggestions.

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